

2025 Lifeguard Training Schedule
DS Recreational Services, Inc.
www.dsrec.com

#	Month	Date	Days and Times	Course Title	Location	Price	Misc.
1	Feb	23	Sunday 8:00am-6:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
2	Feb	21,22,23	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$95	Discounted Class
3	Mar	9	Sunday 8:00am-6:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
4	Mar	7,8,9	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$95	Discounted Class
5	Mar	23	Sunday 8:00am-6:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
6	Mar	21,22,23	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$95	LAST Discounted Class
7	Mar	30	Sunday 8:00am-6:00pm	Lifeguard Recert	SCOB	\$48	
8	Mar	28, 29,30	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$130	
9	April	6	Sunday 8:00am-6:00pm	Lifeguard Recert	SCOB	\$48	
10	April	4,5,6	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$130	
11	April	13	Sunday 8:00am-6:00pm	Lifeguard Recert	SCOB	\$48	
12	April	11,12,13	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$130	
13	April	27	Sunday 8:00am-6:00pm	Lifeguard Recert	SCOB	\$48	Last chance before pools open in May
14	April	25, 26,27	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$130	Last chance before pools open in May
15	April	26	Saturday 8:00am-6:00pm	Lifeguard Recert	LKSH	\$48	Last chance before pools open in May
16	April	25,26,27	Fri 4-6p Sat 9a-5p Sun 9a-6p	Blended LG 1st Yr	DS & LKSH	\$130	Last chance before pools open in May
17	May	10	Saturday 8:00am-6:00pm	Lifeguard Recert	HVHS	\$48	
18	May	9,10,11	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & HVHS	\$130	
19	May	18	Sunday 8:00am-6:00pm	Lifeguard Recert	HVHS	\$48	Last chance before Memorial Weekend
20	May	16,17,18	Fri 4-6p, Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & HVHS	\$130	Last chance before Memorial Weekend
21	June	2 & 3	Monday & Tuesday 9am- 6pm	Blended LG 1st Yr	LKSH & DS	\$130	
22	June	9 & 10	Monday & Tuesday 9am- 6pm	Blended LG 1st Yr	HVHS & DS	\$130	
23	June	16 & 17	Monday & Tuesday 9am- 6pm	Blended LG 1st Yr	TBD	\$130	Pool location to be determined

Please Note: All returning potential DS employees will need to enroll in the Lifeguard Recertification class. The entire class will be done in person. RECERTIFYING EMPLOYEES DO NOT NEED TO COMPLETE ANYTHING ONLINE PRIOR TO ATTENDING THE CLASS, HOWEVER REVIEWING YOUR SKILLS ON YOUR OWN IS HIGHLY RECOMMENDED.

Frequently Asked Questions:

- To enroll in a course, go to www.dsrec.com - scroll down to Training Schedule in RED (click on the button on the right)
- You must complete your hire/rehire paperwork in full BEFORE you enroll in a lifeguard course (this can be started by filling out an application on our website).
- First Year Lifeguard classes are American Red Cross Blended Learning and include 6 hrs. of the class to be completed online 48 hours PRIOR to the sessions above.
- You may enroll and pay for classes at www.dsrec.com with a Credit or Debit card.
- All returning lifeguards need to bring their hip pack with their mask to class or purchase a new one
- All courses listed above are **NON REFUNDABLE**
- LG 1st Year Classes include the necessary CPR mask/hip pack in the prices. Books will be available to use during class or you may download one online for free.
- There is a required two hour preservice course schedule the day before most classes. 1st year guards are required to attend preservice before they begin working
- You must attend all dates and times of the course you enroll in and pass all online, written and skill tests to obtain Lifeguard Certification
- If you are NOT working for DS Recreational Services, Inc. there is an additional \$40 fee per class. DS only accepts open enrollment for 1st Year classes.
- SCOB - Spring Creek Oaks Big Pool is located at 6002 Bur Oak Dr. Spring, TX 77379**
- DS Recreational Services Office is located at 18821 Intercontinental Crossing Dr., Houston, TX 77073.**
- LKSH - Lakeshore Pool is located at 15909 Harbour Light Dr, Houston, TX 77044**
- HVHS - Havenhouse Pool is located at 1910 Havenhouse, Dr. Spring, TX 77386**