

**2025 Lifeguard Training Schedule**  
**DS Recreational Services, Inc.**  
[www.dsrec.com](http://www.dsrec.com)

#	Month	Date	Days and Times	Course Title	Location	Price	Misc.
1	Feb	23	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
2	Feb	22 & 23	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & SCOB	\$95	Discounted Class
3	Mar	9	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
4	Mar	8 & 9	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & SCOB	\$95	Discounted Class
5	Mar	23	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
6	Mar	22 & 23	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & SCOB	\$95	LAST Discounted Class
7	Mar	30	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	\$48	
8	Mar	29 & 30	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & SCOB	\$130	
9	April	6	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	\$48	
10	April	5 & 6	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & SCOB	\$130	
11	April	13	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	\$48	
12	April	12 & 13	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & SCOB	\$130	
13	April	27	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	\$48	Last chance before pools open in May
14	April	26 & 27	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & SCOB	\$130	Last chance before pools open in May
15	April	26	Saturday 8:00am-7:00pm	Lifeguard Recert	LKSH	\$48	Last chance before pools open in May
16	April	26 & 27	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	LKSH & DS	\$130	Last chance before pools open in May
17	May	10	Sunday 8:00am-7:00pm	Lifeguard Recert	HVHS	\$48	
18	May	10 & 11	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & HVHS	\$130	
19	May	18	Sunday 8:00am-7:00pm	Lifeguard Recert	HVHS	\$48	Last chance before Memorial Weekend
20	May	17 & 18	Sat 8am-7pm, Sun 8am-7pm	Blended LG 1st Yr	DS & HVHS	\$130	Last chance before Memorial Weekend
21	June	2 & 3	Monday & Tuesday 8am- 7pm	Blended LG 1st Yr	LKSH & DS	\$130	
22	June	9 & 10	Monday & Tuesday 8am- 7pm	Blended LG 1st Yr	HVHS & DS	\$130	
23	June	16 & 17	Monday & Tuesday 8am- 7pm	Blended LG 1st Yr	TBD	\$130	Pool location to be determined

**Please Note:** All returning potential DS employees will need to enroll in the Lifeguard Recertification class. The entire class will be done in person.  
**RECERTIFYING EMPLOYEES DO NOT NEED TO COMPLETE ANYTHING ONLINE PRIOR TO ATTENDING THE CLASS, HOWEVER REVIEWING YOUR SKILLS ON YOUR OWN IS HIGHLY RECOMMENDED.**

**Frequently Asked Questions:**

- To enroll in a course, go to [www.dsrec.com](http://www.dsrec.com) - scroll down to Training Schedule in RED (click on the button on the right)
- You must complete your hire/rehire paperwork in full BEFORE you enroll in a lifeguard course (this can be started by filling out an application on our website).
- First Year Lifeguard classes are American Red Cross Blended Learning and include 6 hrs. of the class to be completed online 48 hours PRIOR to the sessions above.
- You may enroll and pay for classes at [www.dsrec.com](http://www.dsrec.com) with a Credit or Debit card.
- All returning lifeguards need to bring their hip pack with their mask to class or purchase a new one
- All courses listed above are **NON REFUNDABLE**
- LG 1st Year Classes include the necessary CPR mask/hip pack in the prices. Books will be available to use during class or you may download one online for free.
- There is a required two hour preservice course schedule the day before most classes. 1st year guards are required to attend preservice before they begin working
- You must attend all dates and times of the course you enroll in and pass all online, written and skill tests to obtain Lifeguard Certification
- If you are NOT working for DS Recreational Services, Inc. there is an additional \$40 fee per class. DS only accepts open enrollment for 1st Year classes.

**11. SCOB - Spring Creek Oaks Big Pool is located at 6002 Bur Oak Dr. Spring, TX 77379**

**12. DS Recreational Services Office is located at 18821 Intercontinental Crossing Dr., Houston, TX 77073.**

**13. LKSH - Lakeshore Pool is located at 15909 Harbour Light Dr, Houston, TX 77044**

**14. HVHS - Havenhouse Pool is located at 1910 Havenhouse, Dr. Spring, TX 77386**