

## 2026 DSREC Lifeguard Training Schedule

#	Month	Date	Days and Times	Course Title	Location	Price	Misc.
1	Mar	1	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
2	Feb/Mar	27,28,3/1	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	DS,DS,SCOB	\$95	Discounted Class
3	Mar	8	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
4	Mar	6,7,8	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	DS,DS,SCOB	\$95	Discounted Class
5	Mar	22	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	FREE	FREE CLASS
6	Mar	20,21,22	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	SCOB,DS,SCOB	\$95	LAST Discounted Class
7	Mar	29	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	\$48	
8	Mar	27,28,29	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	SCOB,DS,SCOB	\$130	
9	April	12	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	\$48	
10	April	10,11,12	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	SCOB,DS,SCOB	\$130	
11	April	19	Sunday 8:00am-7:00pm	Lifeguard Recert	LKSH	\$48	
12	April	17,18,19	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	LKSH,DS,LKSH	\$130	
13	April	26	Sunday 8:00am-7:00pm	Lifeguard Recert	SCOB	\$48	Last chance before pools open in May
14	April	24,25,26	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	SCOB,DS,SCOB	\$130	Last chance before pools open in May
15	April	25	Saturday 8:00am-7:00pm	Lifeguard Recert	HVHS	\$48	Last chance before pools open in May
16	April	24,25,26	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	TBD	\$130	Last chance before pools open in May- SHALLOW WATER CLASS
17	May	10	Sunday 8:00am-7:00pm	Lifeguard Recert	HVHS	\$48	
18	May	8,9,10	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	HVHS,DS,HVHS	\$130	
19	May	17	Sunday 8:00am-7:00pm	Lifeguard Recert	HVHS	\$48	Last chance before Memorial Weekend
20	May	15,16,17	Fri 5p-8p, Sat 8a-7p, Sun 8a-7p	Blended LG 1st Yr	HVHS,DS,HVHS	\$130	Last chance before Memorial Weekend
21	June	7,8,9	Sun 9a-3p, Mon 8a-7p, Tues 9a-5p	Blended LG 1st Yr	DS,HVHS,DS	\$130	
22	June	14,15,16	Sun 9a-3p, Mon 8a-7p, Tues 9a-5p	Blended LG 1st Yr	DS,HVHS,DS	\$130	
23	June	21,22,23	Sun 9a-3p, Mon 8a-7p, Tues 9a-5p	Blended LG 1st Yr	DS,HVHS,DS	\$130	

**Please Note:** All returning potential DS employees will need to enroll in the Lifeguard Recertification class. The entire class will be done in person.

**RECERTIFYING EMPLOYEES MUST COMPLETE AN ONLINE COURSE PRIOR TO ATTENDING THE CLASS.**

### **Frequently Asked Questions:**

1. To enroll in a course, go to [www.dsrec.com](http://www.dsrec.com) - scroll down to Training Schedule in RED (click on the button on the right)
2. You must complete your hire/rehire paperwork in full BEFORE you enroll in a lifeguard course (this can be started by filling out an application on our website).
3. First Year Lifeguard classes are American Red Cross Blended Learning and include 6 hrs. of the class to be completed online 48 hours PRIOR to the sessions above.
4. You may enroll and pay for classes at [www.dsrec.com](http://www.dsrec.com) with a Credit or Debit card.
5. All returning lifeguards need to bring their hip pack with their mask to class or purchase a new one
6. All courses listed above are **NON REFUNDABLE**
7. LG 1st Year Classes include the necessary CPR mask/hip pack in the prices. Books will be available to use during class or you may download one online for free.
8. You must attend all dates and times of the course you enroll in and pass all online, written and skill tests to obtain Lifeguard Certification
9. If you are NOT working for DS Recreational Services, Inc. there is an additional \$40 fee per class. DS only accepts open enrollment for 1st Year classes.
10. **SCOB - Spring Creek Oaks Big Pool** is located at **6002 Bur Oak Dr. Spring, TX 77379**
11. **DS Recreational Services Office** is located at **18821 Intercontinental Crossing Dr., Houston, TX 77073**.
12. **LKSH - Lakeshore Pool** is located at **15909 Harbour Light Dr, Houston, TX 77044**
13. **HVHS - Havenhouse Pool** is located at **1910 Havenhouse, Dr. Spring, TX 77386**